

North Shore Season Opener

December 2, 2016

168th Street Armory

1500 meter walk		55 meter dash - Trials		F/S 55 m dash - Trials	
Elysse	8:13.34 3 rd	Sam	7.56	Kallie	7.92
				Nicole	8.01
F/S 1600 meter run		55 meter dash - Finals		F/S 55 m dash - Finals	
Grayson	4:57.85 3 rd	Sam	7.46 2 nd	Kallie	7.79 2 nd
		New School Record		Nicole	7.88 4 th
600 meter run		55 meter hurdle - Trials		4 x 200 meter relay	
Sophia M	1:50.51 4 th	Kayla	10.22	Sam	27.0
F/S 55 m hurdle - Trials		Julia	10.66	Nicole	29.0
Katie	11.39	Sophie K	10.82	Kallie	27.4
		Lindsey	10.86	Kayla	29.9
				1:53.51 3 rd	
F/S 55 m hurdle - Finals		55 meter hurdle - Finals			
Katie	11.38 6 th	Kayla	10.09 8 th		

The old school record in the 55 meter dash was 7.53. It was set by Sam Mayers on January 17, 2016 at the League II-D Championship meet contested at the 168th Street Armory.